



SOAP Journal

SOAP Bible Study

One of the ways to get the most out of these 6 weeks is to spend daily time with God. At Crossroads, we teach the SOAP method of Bible reading because it helps focus on not just what to know, but what to do about it. SOAP is an acronym which describes a process for encountering God in the Bible. The steps are:

- S Scripture – choose 1 verse from what you’ve read and write it down
- O Observation – a brief (one or two sentence) summary of what you’ve read
- A Application – one thing you can do today based on what you’ve read (I will...)
- P Prayer – ask God for help in doing that

SOAP Sample

S: “One day Jesus was praying in a certain place. When He finished, one of His disciples said to him, ‘Lord, teach us to pray, just as John taught his disciples.’” Luke 11:1

O: The disciples are curious, for some reason, about how Jesus is praying. Maybe they saw the connection between Jesus’ miracles and His devotion to the Father. Whatever the reason was, they wanted training and instruction in how to pray as they saw Jesus doing.

A: I will look to the example of Christ and in this example see His devotion to prayer. I should follow the model of the disciples; see that Jesus Himself prayed and realize how much I should be praying. Jesus knows that being connected to the source of all things is the only way to live a fruitful life in/for the Kingdom of God.

P: Father, I look to the example of Jesus and see His devotion to You through work, life, and prayer. I pray that You will grow my heart so that I will more deeply desire to connect with You every day. Help me to pray through the decisions that come up today and to stay connected to You. Amen.

SOAP Journal

Week 1 - Day 1
Ephesians 1:18-23

S

O

A

P

Week 1 - Day 2
Colossians 3:23-24

S

O

A

P

Week 1 - Day 3
Hebrews 3:1-6

S

O

A

P

Week 1 - Day 4
Genesis 1:26-31

S

O

A

P

Week 1 - Day 5

Psalm 8:3-8

S

O

A

P

Week 1 - Day 6

2 Corinthians 13:5-14

S

O

A

P

Week 1 - Day 7
John 14:6-10

S

O

A

P

Week 2 - Day 1
Psalm 51:10-17

S

O

A

P

Week 2 - Day 2
Psalm 139:13-18

S

O

A

P

Week 2 - Day 3
2 Corinthians 4:5-12

S

O

A

P

Week 2 - Day 4
Philippians 2:12-18

S

O

A

P

Week 2 - Day 5
2 Timothy 2:20-26

S

O

A

P

Week 2 - Day 6
John 14:9-14

S

O

A

P

Week 2 - Day 7
Esther 4:9-14

S

O

A

P

Week 3 - Day 1
Psalm 143:8-12

S

O

A

P

Week 3 - Day 2
1 John 4:16-21

S

O

A

P

Week 3 - Day 3
1 Corinthians 13:1-13

S

O

A

P

Week 3 - Day 4
John 15:9-17

S

O

A

P

Week 3 - Day 5
Romans 8:31-39

S

O

A

P

Week 3 - Day 6
Mark 12:30-34

S

O

A

P

Week 3 - Day 7
2 Timothy 1:6-14

S

O

A

P

Week 4 - Day 1
1 John 1 - 2:2

S

O

A

P

Week 4 - Day 2
1 Corinthians 15:1-11

S

O

A

P

Week 4 - Day 3
Exodus 3:1-20

S

O

A

P

Week 4 - Day 4
Jeremiah 29:4-9

S

O

A

P

Week 4 - Day 5
1 Peter 2:4-12

S

O

A

P

Week 4 - Day 6
Acts 16:16-40

S

O

A

P

Week 4 - Day 7
Luke 10:1-12

S

O

A

P

Week 5 - Day 1
Matthew 5:13-16

S

O

A

P

Week 5 - Day 2
2 Timothy 1:6-14

S

O

A

P

Week 5 - Day 3
Luke 10:25-37

S

O

A

P

Week 5 - Day 4
1 Peter 4:8-11

S

O

A

P

Week 5 - Day 5
Ecclesiastes 3:9-14

S

O

A

P

Week 5 - Day 6
1 Corinthians 3:5-11

S

O

A

P

Week 5 - Day 7
Isaiah 58:6-9a

S

O

A

P

Week 6 - Day 1
Exodus 15:1-21

S

O

A

P

Week 6 - Day 2
1 Corinthians 15:50-58

S

O

A

P

Week 6 - Day 3
Joshua 6:15-23

S

O

A

P

Week 6 - Day 4
1 John 5:1-12

S

O

A

P

Week 6 - Day 5
Isaiah 25:1-12

S

O

A

P

Week 6 - Day 6
John 16:19-33

S

O

A

P

Week 6 - Day 7
Ephesians 6:10-20

S

O

A

P
